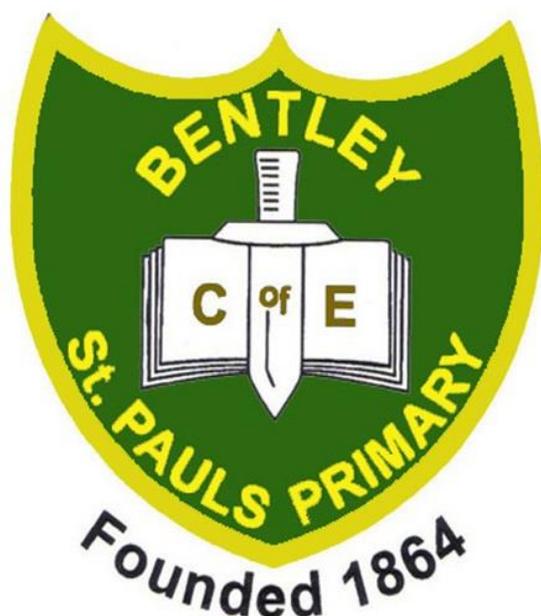


BENTLEY ST PAUL'S C OF E PRIMARY SCHOOL

POLICY FOR P.S.H.E



‘Growing together in faith, love and trust, we will succeed.’

Date of Policy: 2015

Date of Review: 2018

Date Ratified by FGB:

PSHE & Citizenship Policy 2015

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Children are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and community. They learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding. They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life-long learning.

At Bentley St Paul's we regard PSHE and Citizenship as an important, integral component of the whole curriculum. We provide a broad and balanced curriculum, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our children and of society.
- Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life.
- Provides information about keeping healthy and safe, emotionally and physically.
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

Aims

The aims of PSHE and Citizenship fall into 3 core themes:
Health & Wellbeing, Relationships and Living in the Wider World.

Health & Wellbeing

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.

Relationships

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

Living in the Wider World

- Know the importance of responsible behaviours and actions.

- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

Curriculum Provision

PSHE is timetabled for each class. PSHE and Citizenship is delivered within a whole school approach which includes:

- Dedicated curriculum time
- Teaching PSHE and Citizenship through and in other subjects/curriculum areas
- Specialised assemblies using SEAL resources
- PSHE and Citizenship activities and school events
- Pastoral care and guidance
- Visiting speakers

As a school we use **The Cambridgeshire PSHE scheme**, which is an explicit, structured, whole-curriculum framework and resource for teaching social, emotional and behavioural skills to children. It also incorporates many aspects of SMSC areas. As a school we have lots of opportunities for children to explore and reflect on SMSC in addition to PSHE. We have developed, using this, a whole school curriculum map which highlights all the areas to be covered in each year group and ensures consolidation and progression. We have developed our whole school curriculum so it links with our cross curricular topics, to ensure there are more opportunities to explore these themes.

A curriculum overview shows when units will be taught, this was decided as a staff to ensure cross curricular opportunities were met.

Strategies

A wide range of teaching and learning styles are evident in lessons and emphasis is placed on active learning. Children are encouraged to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly, or involvement in an activity to help other individuals or groups less fortunate than themselves. Classes are organised in such a way that children are able to participate in an open friendly forum where agreed classroom rules of behaviour have been agreed.

Assemblies

Our assembly timetable supports PSHE and each Key stage has a dedicated PSHE themed assembly, once a week. SEAL resources support these assemblies.

	Theme of assembly	PSHE support
Monday	Values	Display of values in everyday life

Tuesday	TEAM/Bible	Spiritual awareness and discussion
Wednesday	Growth Mindset	Loving learning, being a good learner and living in the wider world.
Thursday	Key Stage – SEAL	Relationships, living in the wider world, Health and Wellbeing
Friday	Celebration	Raising self-esteem and valuing achievements.

Relationships within School

Relationships at Bentley St Paul’s Primary School are based on an atmosphere of trust and respect for everyone. Our School vision is ‘. Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff act as good role models for children and work hard to promote a safe, happy environment.

School Parliament

We have developed a democratic parliament with a group of 7 ministers; the ministers all have a different area of focus around the school. They are voted in by the children of the school and actively seek out the views of the school population to improve all areas. They speak in assembly once a week, attend staff meetings, hold surgeries and have a weekly meeting to discuss and make decisions to improve school life for all members.

Equal Opportunities

All children have the opportunity to take part in our PSHE programme. As PSHE has been planned to cover all areas recommended by the National Curriculum, then issues can be met and discussed which may otherwise not arise informally. It is intended that Bentley St Paul’s PSHE supports the personal and social development of children at home.

Assessment, Recording and Reporting

Children are informally assessed by staff throughout their work and the reports given to parents will reflect this. Recording of work will be in a form appropriate to the planned focus and will be shown in teacher’s planning. Evidence of PSHE will be in a variety of forms e.g. photographs as well as written work. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this. If work is in written form it will be recorded in the children’s RE/PSHE books.

Monitoring, evaluation and review

PSHE will be monitored and impact evaluated through lesson observations, climate walks, pupil interviews and book monitoring. Information and training will be delivered as and when linked to the action plan by the coordinator in staff meetings and INSET days. Monitoring will be kept in the PSHE subject file and updated regularly. As SMSC features alongside PSHE evidence will also be kept in the SMSC folder and will overlap.