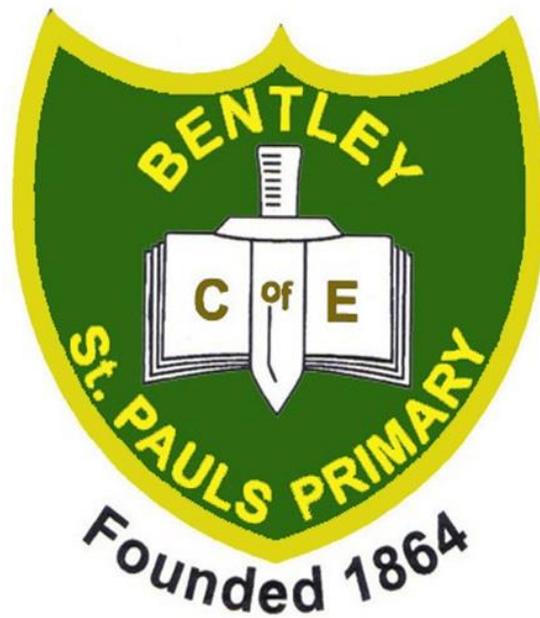


BENTLEY ST PAUL'S C OF E PRIMARY SCHOOL

POLICY FOR PHYSICAL EDUCATION



'Growing together in faith, love and trust, we will succeed.'

Date of Policy:

Date of Review:

Date Ratified by FGB:

Purpose:

The school believes that physical education, experienced in a safe and supportive environment, is a vital and unique contribution to a pupil's physical and emotional development and health.

Physical Education develops the physical competence of a person and improves and maintains a healthy body and brain. The pupil will have improved confidence, skills and abilities to be able perform in a range of activities. It promotes skilfulness and increases the pupil's physical development while also improving their awareness of the body. Physical Education provides opportunities for pupils to be creative, competitive, co-operative and face up to different challenges as individuals but also within groups and teams. It promotes a positive attitude towards a healthy and active lifestyle. They will learn how to plan, perform and evaluate actions.

To make full use of the facilities here to prepare a child mentally, and physically for key stage 3 and beyond.

Aims:

We aim to provide an educational experience which will stimulate and maintain pupils' interest.

- To promote health and fitness for future and current lifestyle.
- Enable pupils to be familiar with a body of knowledge, principles and vocabulary to relate to PE.
- To enable pupils to understand and use safe practice and to appreciate its importance in PE.
- To enable children to understand the short and long term of exercise on the body.
- To develop an ability to plan a range of movement sequencing, organize equipment and apparatus, and begin to design and apply simple rules.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in variety of movement based activities.
- To develop a sense of fair play and sportsmanship.
- To develop psycho-motor skills through a range of relevant movements based activities.
- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.

- To foster an enjoyment, and positive attitude to the subject in school.

Curriculum Organisation:

- Our curriculum has been designed using the objectives set out in the National Curriculum and a full coverage of the Programs of Study can be seen across the key stages.

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

Lessons are planned by teachers in KS1. Long term, medium term and shorts term planning have been developed to ensure continuity and progression in KS1.

An outside sports coordinator comes into teach PE in KS2.

Curriculum Monitoring:

It is statutory that each child leaving a key stage is given an overall NC level in this subject. The guidelines are specified in the NC guide for teachers. The school will follow these guidelines to give a child a 'best fit' NC level at the end of each school year. A formal record of this will be kept only in year 2 and year 6. The end of year report will form the formative report of a child's progress, strength and weaknesses in this subject.

The subject will be monitored and evaluate by the coordinator as outlined in the school's development plan for monitoring and assessment.

Approaches to Teaching and Learning in Physical education:

Our philosophy on teaching and learning is outlined in our **Teaching and Learning Policy** to which reference should be made.

The curriculum is planned and delivered by class teachers KS1. The curriculum is planned and delivered by an outside sports coordinator in KS2

All lessons throughout the school are taught in year groups following the scheme of work and top cards.

Swimming lessons are always taught by a specialist swimming teacher along with the class teacher (only in year 3).

For KS2 children we run a wide variety of extra-curriculum clubs on an open-access basis. Private clubs are also run for KS1 and KS2.

Embedding Physical education across the curriculum:

In Ks1 teaching staff and foundation teacher will use their expertise to the teaching of Physical Education and vice versa.

Although the links are not always overtly displayed, staff members in KS1, foundation stage and KS2 will draw attention to them whenever the opportunity arises.

Science

- Health and fitness
- Drugs and abuse

Maths

- Speed
- Distance
- Time
- Measuring
- Recording
- Handling Data

English

- Speaking and listening
- Subject-specific vocabulary

Geography

- Map - reading

Music

- Rhythm
- Tempo

ICT

- Use of stop watches
- Use of digital camera and digital video
- Use of spreadsheets for recording and interpreting data

- Use of the internet

Recording, assessment and reporting:

It is statutory that each child leaving a key stage is given an overall NC level in this subject. The guidelines are specified in the NC guide for teachers. The school will follow these guidelines to give a child a 'best fit' NC level at the end of each school year. A formal record of this will be kept only in year 2 and year 6.

Informal assessment is carried out on a lesson-by-lesson basis and may or may not be recorded, according to the preference of the individual teacher.

The end of year report will form the formative report of a child's progress, strength and weaknesses in this subject.

Class teacher in KS1 and foundation stage will write the Physical Education report for the children in their class. The sports coordinator will write the Physical Education section for KS2.

Inclusion - SEN, G&T, Ethnicity, Gender:

As is stated in the NC 200, children will be included regardless of gender, colour, religion, ability or disability in any physical education lesson. If a program needs to be adapted then the teacher in charge will do this in consultation with sports coordinator and SENCO in KS2 and the PE coordinator and SENCO in KS1.

As Physical Education is by definition active, and some of the activities in PE have attached risks, there are occasions where inclusion is not appropriate for the safety and enjoyment of all participants.

Resources:

As a school we have access to an indoor hall, two outdoor adventure activity areas, an astro turf area and a grassed playing field. The school has a well-resourced PE shed for both key stages. Foundation stage has its own PE shed with suitable equipment.

Equipment is checked regularly and stock replenished as often as budget allows.

Year 3 children go swimming at a local swimming pool once a week in the Summer term.

Homework and involvement of parents

No homework is given to children in foundation stage, KS1 or KS2.

Parents are welcomed to come along to watch sports day, football/netball/cricket/rounders' and rugby matches after school

Health and safety

Since this area now forms part of the new National Curriculum it is important that we understand that the safety of children in lessons is of paramount importance. A separate sheet is attached which deals specifically with Health and Safety guidelines for the teaching of PE. The BAALFE publication 'Safe Practice in PE' is also available to all staff through the internet.

It is the responsibility of the class teacher to ensure a safe working environment. Children should be made aware of any risks and dangers and understand the importance of working safely at all times. Frequent reminders need to be given to reinforce safe working procedures.

Where appropriate, risk assessments will be carried out by either the coordinator or individual teachers.